



The HERALD

The Official Publication of The Greek Orthodox Church of Saint George
Rev. Fr. Dimitrios J. Antokas, Presiding Priest, Fr. George Khitiri, Fr. Nicholas Despotides
7701 Bradley Boulevard, Bethesda, MD 20817 Tel: 301.469.7990 www.stgeorge.org

DECEMBER 2014



THE NATIVITY: EXPLORING THE "CELLARS OF THE HEART"

On the face of it, it seems strange that the Lord of Glory entered human history not in the brilliant noon of the day, amid trumpet fanfare and the acclamation of excited crowds, as is appropriate for a King. Rather, the Son of God Himself was born in silence, amid the obscurity of darkness in a cave remote and cold, in a place distant and arid.

The Christ, the Messiah, delivered in silence, as if the event transcended words and sounds, suggesting a deep mystery that could only be pondered wordlessly, in the heart. Sacred Scripture records not a word spoken by anyone that Bethlehem night.

Even the Theotokos was silent, as the poet Deland expressed so beautifully: "No sound: the mother, kneeling, lays/Her cheek against the little face./Oh human love! Oh heavenly grace!/'Tis yet in silence that she prays!"

All Mary could do was gaze into His eyes, seeking the truth that would at once console her anxiety, and give her courage to face the harsh noise of future days and that ultimate day when there would be a deafening cry from the disillusioned rabble: "Crucify Him! Crucify Him!"

Not by accident came the Lord of Life to the muted cloister of that cave, for from that silence He preached a resounding lesson to all who would follow Him.

In the hour when heaven touched the earth and God became man, that first moment of the encounter between Divinity and humanity, between His beneficent grace and our seeking souls, there is stillness.

Amid the frenzied activity and noise of the Christmas season, Christians would do well to consider the primacy of silence and stillness in our lives.

The Desert Fathers, those spiritual giants who steeped themselves in wordlessness, teach with one voice of the importance of stillness.

When the city dweller Abba Arsenius (350-450 AD) prayed to God asking to be shown the path to salvation, a voice came to him from Heaven saying, "Arsenius, be alone, be silent, be at rest. These are the roots of a life without sin."

In his book "In the Heart of the Desert," Fr. John Chryssavgis explains that "...silence is a way of waiting, a way of watching, and a way of listening to what is going on within us. It is a way of interiority, of stopping and

and then of exploring the cellars of the heart and the center of life.”

Stillness therefore is a means of encounter with God in the human heart. When better to start the practice of being still within our heart than at Christmastide? It is a means of focusing on the true meaning of these days - the incarnation of the Word for us, and for the salvation of us all.

Yet how do we who have become accustomed to the noise, chaos and frenzy of the world imitate Abba Arsenios to find inner silence and rest?

There are three dimensions of stillness.

The first is physical - actual withdrawal from noise and the clamor of community life, setting ourselves in a place of quiet. St. Gregory of Sinai (1265-1346 AD) taught that “the practice of stillness is one thing and that of community life is another.”

Start during these pre-Christmas days: find a place to physically alone for a reasonable period of time. Listen to the stillness and pray!

The second dimension of stillness is of the soul - chiefly, to refrain from speech and the need to keep making words and be surrounded by talk.

St. Thalassios the Libyan, of the 7th century AD), warns that “only spiritual conversation is truly beneficial; it is better to preserve stillness than to indulge in any other kind.” Use this season to refrain from chatter, especially from idle talk and destructive gossip.

The third dimension of stillness is achieving an inward state of serenity and peace deep within the “cellars of the heart.”

The most difficult to obtain, this dimension challenges us to examine what is out of balance in our souls, what is wounded, what cries to God for mercy, for rest, and for peace at last.

Have the courage this Christmas season to honestly look, fearlessly and with open eyes, within the cellar of your heart. What you discover there may well be obstructing your own sense of peace and serenity.

At that moment, dare to do that which the Lord God instructs, in Psalm 46: “Be still, and know that I am God!”

St. Basil



The Saint George Community



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RELIGIOUS EDUCATION

Bible Study Classes	Fr. George Khitiri
Sunday School	Athena Kranias
Book Store	Marina Afentakis
Vacation Bible School	Eleni Alexiou Stella Kostolampros
Adult Education	Michael Haldas

For Kolyva, please the church office. If you are interested in participating in any of these ministries, for parish programs, please contact the Church Office.

2014 PARISH COUNCIL

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Adult Choir
 Junior Choir
 Acolytes/Altar Services
 Chanters

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 Gregory Glaros
 John Koroulakis
 Manoli Anagnostiadis

OUTREACH

Feed the Hungry
 Kollecas House

Margaret Oge
 Fr. Dimitrios Antokas

The Herald is published monthly. All submissions are to be received on the 20th of each month.

OUR SPIRITUAL TRADITION

DECEMBER 2014

Dec. 4 (THURSDAY) ST. BARBARA/
ST. JOHN OF DAMASCUS

Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 6 (SATURDAY)
ST. NICHOLAS OF MYRA

Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 7 (SUNDAY) 10th Sunday of Luke

Orthros 8:45 a.m.
Divine Liturgy 10:00 a.m.

Dec. 12 (FRIDAY) ST. SPYRIDON/
ST. PETER THE ALEUT

Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 14 (SUNDAY)
11th Sunday of Luke

Orthros 8:45 a.m.
Divine Liturgy 10:00 a.m.

Dec. 17 (WEDNESDAY)
PROPHET DANIEL/THREE YOUTHS

Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 20 (SATURDAY)
ST. IGNATIUS OF ANTIOCH

Orthros 8:30 a.m.
CHALLENGE LIT. 9:30 a.m.

Dec. 21 (SUNDAY)
Sunday before the Nativity

Orthros 8:45 a.m.
Divine Liturgy 10:00 a.m.

Dec. 24 (WEDNESDAY)
EVE OF THE NATIVITY OF OUR LORD

Royal Hours/Vesperal Liturgy of St. Basil
the Great 9:00 a.m.
Orthros of the Nativity 6:00 p.m.
Divine Liturgy of the Nativity 7:00 p.m.

Dec. 25 (THURSDAY)
NATIVITY OF OUR LORD
Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 27 (SATURDAY) ST. STEPHEN THE
PROTOMARTYR

Orthros 8:30 a.m.
Divine Liturgy 9:30 a.m.

Dec. 28 (SUNDAY)
Sunday after the Nativity

Orthros 8:45 a.m.
Divine Liturgy 10:00 a.m.

Baptisms

Colin Gratsias
Luke Harper
Nicholas Hetrick
Thomas Malone
Adrianna Perciavalle
George Rowland

Memorials

Artemis Constantinides (40 Days)
Christoforos Agritellis (1 Year)
Cathie Glaros-Merritt (1 Year)
Panayiotis George Koutrouvelis (1 Year)
Dimitra Kulhanci (1 Year)
Apostolos Papadimitris (1 Year)
Petros (3 Years) and Iralia (6 Years) Pastras
Vasilis Dovolos (5 Years)
Margaret Karas Campbell (5 Years)
George (17 Years) and Fotini (43 Years)
Comninos
Andreas Constantinides (29 Years)

40-Day Blessings

Vasilios, son of Maria and Kosta Charalampous
Elly Georgia, daughter of Stella and George
Kostolampros
Maria Christina, daughter of Georgia and Michalis
Mastronikolas
Alexandra, daughter of Chrisoula and Alexandros
Russo
Stella, daughter of Laura and Dean Skandalis

Funerals

Irene Pappas

**Parish Council President-
Victoria Kantsios Alex**

When I addressed the congregation back in February, I mentioned to you that we were elected by you to lead and manage this Parish – and even though we come with our own thoughts and ideas, we come as individuals, collectively elected by you to serve our community of St. George. In the book of Luke, Christ talks about the shepherd who leaves his 99 sheep to find the one lost sheep. In the meantime, what were the 99 sheep doing? They relied on each other while waiting for their shepherd, Christ, to return. In this same way, we must stick together and hold each other accountable and communicate. We are all accountable to each other- our priests, parish council and laity. And as the body of Christ, I asked that we come together a shepherd and sheep, in the spirit transparency, communication, and community involvement. And that’s what we’ve done:

- Establishing the adult education program
- Redesigning our website
- Opening lines of communication between the Parish Council and the Ministries
- Identifying opportunities for parishioner involvement through various ministries and committees.

These efforts are still a work in progress and we’ve hit a couple of bumps in the road, but with the energy and enthusiasm, and the guidance of the Holy Spirit we’ll get there.

But all this is just the beginning. It’s appropriate I write about “beginnings” because we are approaching the Christmas season – a time to spend with our friends and family, but more importantly to celebrate the birth of Christ.

His birth was essentially the beginning of our church. The church in His and the Apostles’ time was not immune to the issues we face as well – hecticness, financial challenges, and ultimately spiritual challenges. But just as we are doing today, we come together in body of Christ, pray and then work to solve any challenge we encounter that keeps us from being what we should be – a house of worship and prayer and a place that helps us all to become as Christ-like as possible. I pray you have a blessed Christmas.

Victoria

Stewardship

“A rich man is not one who has much, but who gives much. For what he gives away remains his forever.” St. John Chrysostom

As we approach this Christmas season, let us be reminded that Jesus Christ is God’s greatest gift to us. Through Him continues the healing, liberating, forgiving, empowering, loving ministry of His Church.

God, infinite as He is, has chosen to work through us, and our gifts, to continue His world today. Stewardship is taught to us by Jesus in the Bible. Our Stewardship pledge is our gift to continue His work at St. George and its ministries. Please, reach deep into your heart as you prepare your Stewardship for 2015. Stewardship is our Time, Talents **and** Treasures.

“It does not matter how much we give, but how much love we put into our giving.”
Mother Theresa

**November 2014 Monthly
Maintenance Summary:**

- Freedman & Sons- Paper & Maintenance Supplies: \$970.00
- Pro-Air- Grand Hall Heat Repair: \$1,175.00
- Pro-Air- Quarterly Maintenance Contract: \$2,500.00
- Banner Glass- Broken Glass: \$2,500.00
- Waste Management- Dumpster Relocation: \$600.00
- Olive Tree Landscaping- Yearly Lawn & Landscape Service: \$10,400.00
- Back Flow Technologies- Sprinkler System Inspection: \$144.00
- School Building Painting- \$3,500.00
- Home Depot Misc. Items- \$1,173.00
- Western Pest Services- \$144.00
- 7733 Property- Repairs for Rental Open House- \$9,500.00

TOTAL: \$32,606.00

Upcoming Maintenance:

- Exterior Painting of All Buildings: Spring 2015
- Parking Lot Pot Hole Repairs: Spring 2015
- Kollecas House Exterior: Sometime in 2015

St. George extends a heartfelt **“THANK YOU!”** to:

- Spiros Hitiris for painting the parking lot fire lanes and handicapped spaces.
- C.K’s Air L.L.C. for generously discounting the new Air Conditioning System for the 7733 Property.
- Kostas Mathios and TomKat Construction for great work on the 7733 property and the School Building.

For further information, please contact Kosta Drakakis at kdrakakis@verizon.net

**St. George Annual Christmas Concert
December 13, 2014 at 7 PM**

Christmas is upon us! Come share the spirit of Christmas with our St. George Greek Orthodox family. Our annual Christmas Concert, held at the St. George Greek Orthodox Church, will feature Maestro Edward Polochick and the critically acclaimed Concert Artists of Baltimore (cabmusic.org). This popular group will sing traditional and new Christmas carols, featuring talented singers and instrumentalists celebrating the glory of Christ’s birth with their angelic voices. Our very own choir director, Paul Mavromihalis, a member of the Concert Artists of Baltimore, will sing in the concert. The reception will be served during intermission and will be followed by a Christmas sing-a-long led by the Maestro himself.

Proceeds from this year’s concert will go toward helping to rebuild St. Nicholas Greek Orthodox Shrine in Manhattan near where the St. Nicholas Greek Orthodox Church was originally built. The only House of Worship destroyed by the terrorist attacks of September 11, 2001, St. Nicholas is being rebuilt as a national and international shrine on hallowed and sacred ground, not only as a church, but as a testimony of our enduring Greek Orthodox faith for all the world to witness and experience. Come and enjoy a magnificent Christmas family experience and support the rebirth of St. Nicholas!

Ticket Information:

First Circle (Premium Seating).....\$50.00
General Admission..... \$25.00
Youth Admission (under 18)..... \$15.00

Tickets can be purchased by mail, phone, or at the coffee hour.

The Greek Orthodox Church of Saint George
Presents A
Christmas Concert

Featuring
Concert Artists Of Baltimore
Edward Polochick, Artistic Director
www.cabmusic.org

Saturday December 13, 2014
at 7:00 pm



Tickets

Premium Reserved \$50
General Admission \$25
Youth 18 yrs and under \$15

All proceeds to benefit the rebuilding of
St. Nicholas Greek Orthodox Church at Ground Zero
The National Shrine of the Holy Archdiocese of America

Adult Religious Education

“How to Live Sacramentally” Sundays, 11:15 AM – Noon, in the Chapel

An adult Sunday “roundtable” discussion class, for adults who wish to deepen their understanding of our Orthodox Christian faith as it relates to everyday life, is led every Sunday by Michael Haldas.



Michael was privileged to be granted an audience with His All Holiness Ecumenical Patriarch Bartholomew and His Holiness Pope Francis this past month to personally present them both with his book “*Living Sacramentally: Understanding Christianity as a Way of Life*,” which also serves as the study guide for the adult religious education class.

For more information, please contact michael.haldas@verizon.net

Pre-Nativity Study: “Orthodoxy and Psychology: Friends or Foes?”

One of the great challenges of living in today’s world is achieving and sustaining emotional and psychological well-being. As individuals and family members, we all confront the stresses and pressures affecting our behavior, feelings and outlook on life. As Orthodox Christians, how do we maintain our psychological health?

Does our faith clash with the principles of psychology, or is there a positive collaboration between the two that can result in a deep sense of emotional peace?

Chysostomos Gunning will conduct a brief course to explore the teaching of the Fathers and spiritual writers regarding emotional health and the relationship between our faith and how we deal with emotional stresses and strains. The topics for discussion are:

Dec. 4: Is There Such a Thing as “Orthodox Psychotherapy?”

Dec. 11: Depression, the Fathers and St. Silouan of Mt. Athos

Dec. 18: Prescription for Emotional Health: Living Spiritually.

The course is offered at 10:30 AM and 7:30 PM. Make time for yourself and join us on this Orthodox Christian journey.



Sunday School

The Blessing of the Five Loaves

The 6th grade students, under the direction of Jean Kaludis, baked loaves of bread for the Artoklasia of the Nov. 23 Divine Liturgy. Also known as the Blessing of the Five Loaves, the Artoklasia commemorates the five loaves that Jesus Christ blessed and fed to 5,000 followers.



It is offered for health, general welfare and salvation, as well as an expression of thanksgiving. It also symbolizes and brings into practice the Agape meals of the early Christian communities, which would perform charitable services by providing meals to the poorer among them.

Manna Food Drive

This year's food drive was a joint effort of the Sunday School and Greek School to help the neediest among us. Non-perishable foods were collected on Nov. 21/22 during Greek School and Nov. 23 during Sunday School.



Despite the below-freezing wind chill, the boys and girls of St. George filled four vans with 1,539 pounds of non-perishable food and

toiletries, which we then delivered to the Manna Food Bank in Gaithersburg.

Special thanks go to Maria Athanasakis for organizing the Sunday School Food Drive and delivery to Manna Food Center, and to the 6th and 7th grade Sunday School classes for preparing the bags for distribution.

Christmas Drawing Contest (Grades 6-12)

The St. George Christmas Eve Bulletin Cover will be illustrated by the Sunday School winner, who will receive \$100, with an additional \$100 to be donated to his/her favorite charity on their behalf. The theme for this year is:

***“Glory to God in the highest and on earth
peace, good will among men”***

(Luke 2:14)

Submit your 8.5” x11” color drawing, with your name on the back, to Athena Kranias in the Sunday School office by Dec. 7. Entries will be judged on originality, message, and design.

The winner will be announced on Dec. 14, and will receive \$100 and an additional \$100 will be donated to his/her favorite charity, on their behalf.

If you have any questions, please contact Athena Kranias, Sunday School Director, at: akranias@hotmail.com

Christmas Tree Lighting

Friday, Dec. 5: 6:30PM at St. George:
Tree Lighting Sing-along & Pot-Luck (Lenten)
Supper.

A St. George gathering to sing together, light the Christmas tree and share supper. We request that families bring food on disposable platters, by last name:

A-M: Please bring an entrée or finger food

N-S: Please bring a salad

T-Z: Please bring fruit or desserts

Sponsored by: SUNDAY SCHOOL, GREEK SCHOOL, PRE-SCHOOL GREEK SCHOOL, GOYA, HOPE, JOY, LITTLE ANGELS

Christmas Gift Giving in the Holy Land

As we approach the Christmas season, our hearts go out to the struggling Christian families in the Holy Land, where our Lord was born.

We bring hope and joy to the children attending the Orthodox School of our sister Greek Orthodox Church of Saint George in Taybeh, Palestine. About 225,000 Christians live in Palestine, half of them Orthodox.

Women, children, youth and the elderly in Palestine are especially vulnerable to conflict and isolation, poverty, restricted movements, and frequent disruption of electricity and running water.

Education is one of the most basic needs in the Christian community, along with job opportunities and decent housing.

A Donation Tray will be passed on Christmas Eve to help support the Christian community of Palestine.

50 Plus

On Nov. 12, Lia Fidas presented “The History of Mosaics: Ravenna, City of Mosaics, and Making the Empress Theodora Mosaic Using the Byzantine Method.” During the presentation, she showed several short film clips regarding the production of mosaics and the town of Ravenna. She also showed several mosaics which she had made. There was an extensive question and answer period during her presentation. Over 80 members and guests were in attendance, and the club gained five new members. As always, a lunch was served.

Dec. 10 at 11:00AM- Our Annual Christmas Pot Luck Lunch will take place at St. George. As usual, Achilles Papaefthhimiou and Harry Demopoulos will entertain us with their lively music. Please bring your favorite dishes or desserts to share with the members.

Jan. 14 meeting at 11:00AM -Terry Ullman will speak on “Depression and Loneliness.” This is an important topic for our group, so please make every effort to join us.

50 Plus members with e-mail addresses will receive an e-mail invitation to our regular meetings. Please respond whether you are able to attend or not (yes, no, or maybe) so that we can better plan the meal. We will increasingly rely on e-mails to communicate with members with invitations, schedule changes, membership applications and other important 50 Plus Club news. Members without e-mail addresses will continue to receive phone calls. These e-mails are important; they serve as a means by which we are able to reach our members for invitations, changes in schedules, membership applications, and other important 50 Plus Club news.

Philoptochos Society

The Annual Philoptochos Bazaar on Nov. 15 & 16 was a wonderful success. We sold all the spanikopita, customers were bargaining away in “New to You,” and many of the vendors were telling us, “See you next year!”

We are now working on the Annual Christmas Card. We will have a table set up during Coffee Hour, and we have mailed out forms to participate in this beautiful event. Dec. 7 is the deadline.

Dec. 7: Lunch with Santa at St. George, following Divine Liturgy. Space is limited, so please make your reservations now. Visit our Coffee Hour table or contact Eleni Athanasakis at EleniAthanasakis@gmail.com or 301-358-1354.

Dec. 9: 6:30 PM: Annual Christmas Party in the Founders Hall. Please come and join in the holiday festivities! For more information, contact Kay Emmanuelidis at: kaytoys@comcast.net

Ride Share needed

Marie Gaarder, one of our Sunday School teachers who also handles our special needs children does not have her own transportation and needs a ride from her home at 8100 Connecticut Avenue in Chevy Chase to and from church every Sunday.

Marie provided her email address and phone number so any interested drivers interested in driving here to and from church may contact her directly:

Mariespeech@hotmail.com

Phone: (301)656-0554 Home
(240) 274-8415

Feed The Hungry

St. George needs volunteers to prepare and deliver food every third Sunday of the month to four shelters that serve over 100 adults and children.

Feed the Hungry Ministry serves four shelters in the Rockville area:

Chase Shelter for men;

Dorothy Day Shelter for women;

Helping Hands Shelter for mothers; and children; and

Rainbow Shelter for women.

We meet after Divine Liturgy in the St. George church kitchen the third Sunday of each month for about two hours, to prepare the food then clean the kitchen. Teenagers and young people are especially encouraged to assist and support.

Delivery of the food takes place the same day. Volunteers pick up the food around 5:30 PM and deliver to the four shelters. For Rainbow, volunteers stay and serve the food.

For information, please contact:
Margo (Margarita) Oge, Director
margotoge@yahoo.com
703-501-1765

Taso Vassilas: Co-Director
mykonosAEV@gmail.com



Ring in 2015 together at St. George. You will enjoy dancing to music by DJ Mixalis and a delicious dinner buffet from Yamas Restaurant will be served at 9 p.m. A cash bar will be open all night. We will toast to the new year with a champagne at midnight followed by cutting vasilopitas. The perfect way to begin 2015. For more information please contact: StGeorgeGreekSchoolBethesda@gmail.com

Greek School News

On Oct. 24/25, the Greek school celebrated “OXI” Day, the Greek national holiday of October 28, 1940 commemorating the heroic Greek resistance and military victory against invading Italian forces in the Second World War. Eirini Iatrou, director of the Greek school and 9th grade teacher, presented our entire school with a slide show and discussion, including historical facts about the beginning of World War II, the Italian invasion, and the subsequent German occupation, as well as the liberation of Greece in 1944. After the presentation, 8th grade students and their teacher, Sophia Apostolou sang the patriotic songs “Ναπολιτάνος” and “Δυο παιδιά από το Βραχόρι.” The program concluded with the Greek national anthem sung by the entire school.

Eirini Iatrou, Greek School Director
Eirini.iatrou@gmail.com

DATES TO REMEMBER:

Dec. 19: Friday School Christmas Program

Dec. 20: Saturday School Christmas Program

Dec. 31: New Year’s Eve Celebration

The Greek School is excited to announce that it will be hosting a New Year's Eve celebration for the whole family! The festivities will include a dinner buffet, champagne toast and vasilopita. All-night music will be presented by DJ Michalis.

Ring in 2015 together at St. George. You will enjoy dancing to music by DJ Mixalis and a delicious dinner buffet from Yamas Restaurant will be served at 9 p.m. A cash bar will be open all night. We will toast to the new year with a champagne at midnight followed by cutting vasilopitas. The perfect way to begin 2015. For tickets and more information, please contact:
StGeorgeGreekSchoolBethesda@gmail.com

St. George Preschool

December will be a busy month for our preschoolers! We will be making Christmas ornaments to decorate our classroom, and will be baking Christmas cookies for Santa. We have also been preparing for the preschool Christmas celebration on Thursday, Dec. 18, at 10:00 AM in the Grand Hall. Please join us on this very special day, as we proudly watch our little ones recite their poems and sing Christmas carols.

Dec. 18: 10:00 AM: Christmas Program for all classes, Grand Hall.

January 2015: Registration for the 2015-16 school year begins. Please contact Maria Giakoumis at giakoumi@gmail.com or Marilena at (301) 346-4110 if you are interested in Open House dates.

Hope and Joy Youth Ministry
Dates to meet in December

Dec. 5: 6:30PM
Joy/Hope Tree Lighting and
Pot Luck Supper



Gathering to sing, light the tree and share supper. We request that families whose last name begins with:

A-M: Please bring an entrée or finger food

N-S: Please bring a Salad

T-Z: Please bring fruit or desserts
(Please use disposable platters).

Dec. 6 & 7

Hope and Joy Wreath Fundraiser
If you can assist with sales, please contact Maria at: mariacampbell@yahoo.com or Fran at: fpvlantis@aol.com

Dec. 19: 7:00PM
Christmas Tree Theme
Merry Christmas 2015 from all the families of Hope and Joy!
All Hope and Joy Meetings are held in The Founders Hall.

Saint George Dance Troupe

We are off to a great start with our ever expanding dance troupe! It's so exciting to see so many boys and girls eager to participate in learning Greek dances.

On Dec. 14, immediately following Divine Liturgy, we will be holding a "Bundt Cake" bake sale in the Grand Hall. We will offer many delicious home-baked cakes to choose from for the holidays. What better gift is there to give this Christmas than a homemade Bundt Cake? We can't think of one!

For information, please contact Evelyn Xeron at pxeron@verizon.net

We pray you all have a blessed Christmas and a happy, healthy 2015!

GOYA

November was another great month for our GOYANS! Congratulations to our Girls A basketball team for winning the championships in St. Sophia's tournament in Washington, D.C. and at the Annunciation tournament in Norfolk! Congratulations to our Boys A team for taking second place at St. Sophia and our Boys B for winning third place at St. Sophia and second at Annunciation.

A very big thank you to all the Goyans who helped with the Hope & Joy Halloween party - it was a huge success!!

Dec. 12: 7:00 PM - 9:00 PM: Cookie baking in the Kitchen and Founders Hall Friday

Dec. 19: 7:00 PM – 9:00 PM: Ornament painting and craft with Hope & Joy

Dec. 20: 4:00 PM: Meet at St. George to go caroling to area nursing homes. Parents are needed to drive GOYANS to the nursing homes. If you can assist with driving, please contact aleka_george@yahoo.com

Dec. 20: 7:00 PM – 10:00 PM: GOYA General Meeting and Annual Christmas Party at the Averinos Residence, 12209 Galesville Drive, Gaithersburg, MD

For information, please contact GOYA President Anastasia Fafoutis at anastasiafafoutis@gmail.com

December, 2014
Saint George Schedule of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2 7:00p Dance Troupe	3 10:00a 50 Plus Brunch 8:00p Men's Basketball	4 St. Barbara The Great-Martyr 8:30a-Orthros 9:30a Divine Liturgy 6:30p Service of Holy Unction	5 3:00p Tree Light- ing/Pot Luck Dinner 6:30p Greek School Dance Practice 8:00p JOY/HOPE	6 St. Nicholas the Wonder Worker 8:30a Orthros 9:30a Divine Liturgy 1:00p Christmas Pageant rehearsal 3rd Grade/Narrators
7 10th Sunday of Luke 8:34a Orthros 10:00a Divine Liturgy	8	9 7:00p Dance Troupe	10 11:00a 50 Plus Pot luck Christmas Party 7:30p Greek Preschool Mtg 8:00p Men's Basket- ball	11 6:30p Paraklesis	12 St. Spyridon of Trimythous 8:30a Orthros 9:30a Divine Liturgy 6:30p Greek School Dance Practice	13 1:00p Christmas Pageant Rehearsal 3rd Grade/Narrators/ Choir 7:00p Christmas Concert
14 11th Sunday of Luke 8:45a Orthros 10:00a Divine Liturgy	15	16 7:00p Dance Troupe 7:00p Parish Council Meeting	17 Prophet Daniel and the Three Holy Youths 8:30a Orthros 9:30a Divine Liturgy 8:00p Men's Basketball	18 9:00aGreek Pre- school Christmas Program 6:30p Paraklesis	19 6:30p Greek School Dance Practice 7:00p JOY/HOPE	20 Forefeast of The Nativity 8:30a Orthros 9:00a Gr. Sch Christ mas Event 9:30a Challenge Liturgy
21 Sunday Before the Nativity 8:45a Orthros 10:00a Divine Liturgy	22	23 Greek Pre school out thru Jan 5 7:00p Dance Troupe	24 Eve of the Nativity 9:00a Royal Hours 10:15a Vesperal Divine Liturgy of St Basil The Great 6:00p Orthros of the Nativity 7:00p Divine Liturgy of the Nativity	25 Nativity of Our Lord Jesus Christ 8:30a Orthros 9:30a Divine Liturgy of the Nativity	26 5:45p GOYA Christmas Caroling and Christmas party	27 St Stephen the Protomartyr 8:30a Orthros 9:30a Divine Liturgy
28 Sunday After the Nativity 8:45a Orthros 10:00a Divine Liturgy	29	30 New Year's Eve Dance Set-Up	31 New Year's Eve Dance --			

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About the owner
 Katina Marinou received her B.S. degree in 1994 from Purdue University in Radiation Physics, upon graduation she worked as a health physicist. In 1996, she fulfilled her passion and entered the University of Maryland Eastern Shore Physical Therapy program. She graduated with her Master's Degree in 1999. She has worked extensively with the orthopedic and sports population focusing her treatments on returning her patients to fully functional and pain free lifestyles. Katina opened her practice Manual & Sports Physical Therapy, L.L.C. in March, 2008.

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8:45 AM Orthros
10:00 AM Divine Liturgy

Saturdays, and Weekdays:
8:30 AM Divine Liturgy
9:30 AM Divine Liturgy

Church Office Hours
Monday-Friday
7:00 AM—3:00 PM